



# Canoeing Equipment List

## Scout



### Food

Stuff sack for food, this is the smellable bag for the bear bag  
Food for yourself  
Water bottles, Nalgene (2 liters of water total)  
One gallon Zip lock plastic bag (for garbage)  
Spoon (metal), Cup (sierra cup, cook, eat and drink from this)  
Cooking Stove (optional, the adults will bring this and you can share)

### Sleeping

Mummy sleeping bag (25 degrees or better, put mummy bag inside a plastic trash compactor bag then in your stuff sack to keep dry)  
Tent (backpacking - 5 pounds or less, share with another scout)  
Ski hat (for night)  
Closed cell foam pad (pad under sleeping bag)

### Clothes

#### Dry Clothes (wear during nighttime)

Stuff sack (for clothes)  
Hiking Pants (long)  
Socks  
Underwear  
Polar Fleece jacket or soft shell jacket  
Dry sneakers

#### Wet Clothes (wear during daytime), wear your wet clothes to travel in (of course not wet yet)

Troop green Tee-shirt  
Swimming suit (wear under your wet clothes)  
Old sneakers or water sandals must have toe coverage (will get wet), socks (sun protection)  
Quick dry long pants (sun protection)  
Long sleeve shirt (sun protection)  
Sun hat (wide brim) (sun protection)  
Sun screen lotion  
Sun glasses

### Personal

Toothbrush, toothpaste (optional)  
Plastic whistle (optional)  
LED headlamp, Pocket knife small  
Personal First Aid Kit (in a small baggie or in a film canister)  
Dry bags to put equipment in or use a backpack and water proof your equipment (zip lock bags)  
Camp chair (optional)  
Troop 127 will supply an outdoor bathroom with toilet paper

Although we sometimes use deodorant at home, we leave it behind when we backpack. We want the animals to be able to tell that HUMANS are coming into the area, not enticing fruits and other non-human fragrances. The goal is Zero Impact---Pack it in, pack it out---Leave only footprints, take only pictures, kill only time and pick only your nose.

If you need any equipment please call Jack Kelly (602-264-6854 home). Jack or other leaders can loan equipment.