

Mt Whitney 2014

Mt Whitney Equipment Rev 4/06/2014

Individual Food

1. Bear-Resistant Food Canister (buy or rent \$10 for the trip)
2. Cup (metal sierra cup), spoon (metal), dunk bag (mesh wash bag)
3. Water bottles (4 quarts total), two Nalgens and a Camelback or Platypus
(to drink from while hiking)
4. Food for 7 1/2 days about a pound to a pound and half per day
5. One gallon Zip lock plastic bags (7 pieces) for garbage each day

Individual Sleeping

1. Tent with stakes (backpacking)
2. Sleeping bag (25°F)-put mummy bag in plastic trash compactor garbage bag,
then in stuff sack to keep dry
3. Sleeping bag liner (to keep sleeping bag clean), Pillow case (optional)
4. Sleeping pad (closed cell foam)
5. Therm-a-Rest pad (optional), Therm-a-Rest repair kit (optional)

Individual Clothes

1. Stuff bag for clothes (water proof)
2. Two Troop tee-shirts
3. Socks four pairs
4. Underwear four pairs
5. Handkerchief (bandanna)
6. Rain suit (top and bottoms)
7. Sun hat (day time), ski hat (night time),
8. Jacket (polar fleece)
9. Quick dry long pants, quick dry hiking shorts
10. Hiking boots
11. Crocs for stream crossing and used as camp shoes or other closed toed shoes

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Individual Personal

1. Backpack, with straps or rope to tie equipment to backpack
2. Hiking Stick (optional) (great for going uphill and downhill for adults)
3. Small personal first aid kit for blisters and pain, Duct Tape small roll (blisters)
4. Small LED headlamp, small pocketknife
5. Mosquito repellent (optional)
6. Sunscreen (odorless) (optional)
7. Toothbrush, small toothpaste (optional)
8. Poop Kit (plastic shovel, toilet paper, baby wipes, small garbage bags with twist ties)
9. Water purification tablets 30 (MicroPur)
10. Whistle on a string for around your neck (night time bear alarm)
10. 25 feet rope 1/8 dia. (for repair and clothes line)
11. Camera (optional), compass (optional), comb (optional), pen (optional) and paper (optional), backpacking chair (optional)
12. Pack cover (optional)

Shared Crew Equipment

1. 4 backpacking stoves (auto light) (Jack Kelly)
2. 6 (8oz) bottles fuel for stoves, lighters (Jack Kelly)
3. Crew first aid kit (Jack Kelly)
4. Duct Tape small roll (Jack Kelly)
5. Sewing kit with heavy thread and needle (clothes and tent repair kit) (Jack Kelly)
6. Backpack repair kit
7. Maps, compass, GPS (Jack Kelly)
8. Nylon dining fly 12 x 12, with stakes (Jack Kelly)
9. Pair hot-pot tongs (Jack Kelly)
10. CampSuds for washing clothes (Jack Kelly)
11. 4 Pots to boil water (Jack Kelly)
12. SteriPen – (water purifier) (Jack Kelly)

Each crew member will carry about 1 pound of shared crew equipment.

We will wear Class A uniform while traveling.

Class A uniform: Scout shirt, scout pants, scout belt, neckerchief.

Wear a pair of underwear and socks for the first travel day and another two pairs for the off the trail day and return travel day. Store this and a towel in a sport bag. We will leave this in the cars at the trailhead. We can not have any smellables in the cars.