

Havasupai Backpacking Equipment List Scout

Food

Stuff sack for food only (about 7 inch x 14 inch), this is the smellable bag for the bear bag
Food for yourself, 1 pound per day
Water bottles, ie Nalgene (4 liters of water total, bottles must be leak proof)
Small water squirt bottle or Camelback or Platypus (to drink from while hiking on trail)
Cup (metal sierra cup, cook, eat and drink from this), Spoon (metal)
Cooking Stove (optional, the adults will bring this and you can share)
Three one quart plastic zip lock bags for garbage

Sleeping

Mummy sleeping bag (25 degrees or better, put mummy bag in a plastic trash compactor bag then in stuff sack to keep dry)
Sleeping bag liner for mummy bag (to keep the sleeping bag clean) (optional)
Tent (backpacking - 5 pounds or less, share with another scout)
Pillow cover (fill with clothes at night to sleep on)
Ski hat (for night)
Long underwear (top and bottoms, must have these) (to wear at night when it is cold)
Wool or polar fleece socks (for sleeping only), Closed foam pad (pad under sleeping bag)

Clothes

Stuff sack (for clothes)
Troop green Tee-shirt, same shirt each day
Socks (one pair for each day), Underwear (one pair for each day)
Polar Fleece jacket, Gloves for the cold weather
Hiking boots or sneakers (only bring one), Water shoes for walking 14 miles in water
Hiking shorts, Quick dry long pants (to wear at night when it is cold), Handkerchief (optional)
Sun hat (for day),
Rain suit (pants and tops)

Personal

Hiking Stick (optional), Toothbrush, toothpaste (optional)
Plastic whistle (optional), LED headlamp, Pocket knife small (optional)
Backpack and straps or rope to tie equipment to backpack
Poop Kit (plastic shovel, toilet paper, small baggies with twist ties, wet wipes)
Personal First Aid Kit (in a small baggie)

Although we sometimes use deodorant at home, we leave it behind when we backpack. We want the animals to be able to tell that HUMANS are coming into the area, not enticing fruits and other non-human fragrances.
The goal is Zero Impact---Pack it in, pack it out---Leave only footprints, take only pictures, kill only time and pick only your nose.