

Girl Scout Yosemite Backpacking 2013

Equipment

Rev 8/27/2012

Individual Food

1. Bear-Resistant Food Canister (rent at Yosemite)
2. Cup (metal sierra cup), spoon (metal)
3. Water bottles (4 quarts total), two Nalgens and a Camelback or Platypus (to drink from while hiking)
4. Food for 6 days about a pound to a pound and half per day
5. One gallon Zip lock plastic bags (6 pieces) for garbage each day

Individual Sleeping

1. Tent with stakes (backpacking) can share with another, 3 pounds per person
2. Sleeping bag (25°F)-put mummy bag in plastic trash compactor garbage bag, then in stuff sack to keep dry
3. Sleeping bag liner (optional) (to keep sleeping bag clean), Pillow case (optional)
4. Sleeping pad (closed cell foam)
5. Therm-a-Rest pad (optional), Therm-a-Rest repair kit (optional)

Individual Clothes

1. Stuff bag for clothes
2. Two Girl Scout Yosemite Backpacking tee-shirts
3. Socks four pairs
4. Underwear four pairs
5. Handkerchief (bandanna)
6. Rain suit (top and bottoms)
7. Sun hat (day time), ski hat (night time),
8. Jacket (polar fleece)
9. Quick dry long pants, hiking shorts
10. Hiking boots
11. Crocs or water shoes for stream crossing and camp shoes

Although we sometimes use deodorant at home, we leave it behind when we backpack. We want the animals to be able to tell that HUMANS are coming into the area, not enticing fruits and other non-human fragrances.

The goal is Zero Impact---Pack it in, pack it out---Leave only footprints, take only pictures, kill only time and pick only your nose.

Girl Scout Yosemite Backpacking 2013

Equipment

Rev 8/27/2012

Individual Personal

1. Backpack 65 liters or larger, with straps or rope to tie equipment to backpack
2. Hiking Stick (optional) (great for going uphill and downhill for adults)
3. Small personal first aid kit for blisters and pain
4. Small LED headlamp, small pocketknife
5. Mosquito repellent
6. Sunscreen (odorless) (optional)
7. Toothbrush (optional), small toothpaste (optional)
8. Poop Kit (plastic shovel, toilet paper, baby wipes, small garbage bags with twist ties, sanitary supplies, enough in case you have your period the entire time you are backpacking and Heavy Duty Freezer Ziplock bags about 6 of these for storing your TP, your wipes and sanitary items)
9. Water purification tablets 30 (MicroPur) REI and other stores
10. 15 feet rope 1/8 dia (3 mm). (for repair and clothes line)
11. Camera (optional), compass (optional), whistle, comb (optional), pen and paper (optional), backpacking chair (optional)
12. Pack cover (optional)

Shared Crew Equipment

1. Four backpacking stoves (auto light) (Jack Kelly will supply)
2. Five (8oz) bottles fuel for stoves, lighters (Jack Kelly)
3. Crew first aid kit (Jack Kelly)
4. Duct Tape small roll (Jack Kelly)
5. Sewing kit with heavy thread and needle (clothes and tent repair kit) (Jack Kelly)
6. Maps, compass, GPS (Jack Kelly)
7. Nylon dining fly 12 x 12, with stakes (Jack Kelly) to eat under in the rain
8. Pair hot-pot tongs (Jack Kelly)
9. Wilderness Wash (Sea to Summit) for washing clothes or people (Jack Kelly)
10. Four pots to boil water (Jack Kelly)
11. SteriPen Adventurer, UV water purifier (Jack Kelly)

Each crew member will carry about 1 pound of shared crew equipment on the trail.

We will wear the Girl Scout uniform while traveling.

Wear a pair of underwear and socks for the first travel day and another two pairs for the off the trail day and return travel day. Store this in a sport bag. We will leave this in the cars at the trailhead. We can not have any smellables in the cars.