

Girl Scout Yosemite Backpacking 2013

Sunday July 21, 2013	Leave Girl Scout Council Office at 6:00 AM Phoenix to Blythe (I10) 146 miles 2.2 hours Blythe to San Bernardino (I10) 199 miles 3.1 hours Lunch and Gas at Costco San Bernardino San Bernardino to Lone Pine (I215, I395) 163 miles 3.1 hours Visit Eastern Sierra Interagency Visitor Center, Lone Pine Lone Pine to Bishop 48 miles 0.7 hours Dinner at Bishop McDonalds Bishop to Tuolumne Meadows 82 mile 1.5 hours Night Yosemite Tuolumne Meadows Campground
Monday July 22	Paperwork Backcountry Office Drivers move Cars to Yosemite Valley Park in Backpackers' parking lot - Just east of Curry Village YARTS Bus back to Tuolumne Meadows Lunch Tuolumne Meadows cafe Night Tuolumne Meadows Backpackers' Campground
Tuesday July 23	Hike Day 1 – Tuolumne Meadows to Cathedral Lake 6.61 miles, 1264 feet up, 592 feet down
Wed July 24	Hike Day 2 - Cathedral Lake to Sunrise Lake 7.12 miles, 1164 feet up, 1017 feet down
Thursday July 25	Hike Day 3 – Sunrise Lake to Junction JMT 6.65 miles, 516 feet up, 2155 down
Friday July 26	Hike Day 4 – Junction JMT to Merced Lake 5.96 miles, 572 feet up, 1103 down
Sat July 27	Hike Day 5 – Merced Lake to Little Yosemite Valley 8.71 miles, 293 feet up, 1442 down
Sunday July 28	Hike Day 6 – Little Yosemite Valley to Yosemite Valley 5.12 miles, 419 feet up, 2541 down Showers Curry Village Lunch in Yosemite Valley Visit Yosemite Valley Dinner All you can eat at Curry Village (\$16) Night Yosemite Village Backpackers' Campground
Monday July 29	Visit Mariposa Grove (Giant Sequoias) Breakfast in campground Lunch Yosemite Dinner Yosemite Night Yosemite Village Campground
Tuesday July 30, 2013	Travel home to Phoenix Yosemite to Bishop CA 136 miles 3.5 hours Breakfast at Bishop McDonalds Lunch San Bernardino In N Out, Gas Costco Bishop to Phoenix 598 miles 9 hours Return to Phoenix 8:00 PM

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Some Facts

90 F - Average max temperature July Yosemite Valley (20 degrees colder at higher elevations)

54 F – Average min temperature July Yosemite Valley

0.4 inch – Average rain July

Rogers et al. (1991) recorded the responses of 26 free-ranging black bears (*Ursus americanus*) to used tampons from 26 women and the responses of 20 free ranging black bears to four menstruating women at different days of their flow. Menstrual odors were essentially ignored by black bears of all sex and age classes. In an extensive review of black bear attacks across North America, no instances of black bears attacking or being attracted to menstruating women was found (Cramond 1981, Herrero 1985, Rogers et al. 1991).



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Bear-Resistant Food Canisters: (rent at Yosemite)
Each person will carry one – (all smellable in here)

Last updated March 9, 2010

Allowed Canisters

- * Backpacker Model 812 (Garcia) This is the one for rent (see below for size)
www.backpackerscache.com
- * BearVault 110b, 200, 250, 300, 350, 400, 450, and 500
www.bearvault.com
- * Bearikade Weekender MKII
(1766 and higher) and Expedition MKII (1766 and higher)
www.wild-ideas.net
- * The Bear Keg (Counter Assault)
www.counterassault.com
- * The Bare Boxer Contender (101) and Champ (202)
www.bareboxer.com
- * Purple Mountain Engineering Tahoe
(This canister is no longer in production or available for purchase)

How to Use a Bear Canister

The most important part of using a bear canister is what goes inside it. Make sure all food, all trash, all toiletries, and all other scented items are inside the bear canister. This includes but is not limited to all sealed or packaged food, sunscreen, soap, mosquito repellent, lip balm, deodorant, medications, and feminine products. As a general rule, if you put it in your mouth or on your skin, it should probably be stored in a bear canister.

The bear canister only works if it's closed and locked! Be sure to keep it closed and locked, even while you're around your campsite. Place the canister on the ground in a flat, level area 100 feet or more from your campsite. Take care not to place it near a cliff or any water source, as a bear may knock the canister around or roll it down a hill. Do not hang or attach anything to the canister (ropes attached to the canister enable a bear to carry it away). You can place pots and pans on top of the canister as a bear alarm if you like.

Garcia Backpackers' Cache canisters are 12 inches (30 cm) tall, 8.8 inches (22.4 cm) in diameter, have a volume of 615 cubic inches (10 L), and weigh 2 pounds, 11 ounces (1.2 kg). This is the one that you can rent at Backcountry Office.

No food or drinks in the parked cars at the trailhead. No coolers or smellables in the parked cars.